

Proudly using Riverland local produce

## SALADS

ALL 9.50

- **CHICKEN CAESAR SALAD** (GF option available)  
chicken tenderloins, cos lettuce, egg, crispy bacon, croutons, parmesan cheese and ranch dressing
- **ROASTED FARRO BROWN RICE SALAD**  
feta, tomato, cucumber, dried cranberry, spinach, pomegranate, broccoli
- **THAI CHICKEN SALAD**  
Asian herbs, cucumber, tomato, chilli, chicken, nam pla prik
- **TANGY TOMATO PENNE**  
tomato, spinach, cucumber, chicken tenderloin, herbs, tangy dressing

## AROUND THE WORLD

Multi-cultural Food

ALL 9.50

- **SPINACH RICOTTA RAVIOLI**  
bacon, parmesan, spinach, napoletana
- **CHICKEN YIROS**  
spiced chicken, crisp lettuce, cheese, tomato, yoghurt
- **SPAGHETTI BOLOGNAISE**  
classic bolognese, house made, spaghetti, cheese
- **CHICKEN, CHICKPEA, PUMPKIN, YELLOW CURRY (MILD)**
- **PERI PERI CHICKEN, CORN CHIPS, CHEESE, SOURCREAM**

## SPECIALS

ALL 9.50

- **CHICKEN KIEV BALLS**  
garlic and herb butter filled chicken, garden salad
- **HOT ROAST BEEF ROLL**  
caramelised onion, cheese, gravy roll
- **SOUTHERN FRIED CHICKEN WINGS**  
our own recipe with garden salad, ranch dressing
- **LOADED SPUD**  
ham, bolognese, cheese, sourcream
- **LEG HAM, SMASHED AVOCADO, ROASTED TOMATO, SPINACH, CORN CRACKERS**
- **HOT DOG LOADED**  
bacon, cheese, onion, mustard

## DAILY MEALS

- **OVEN BAKED CHICKEN BREAST NUGGETS** 5  
choice of sauce - tomato, BBQ OR sweet chilli
- **KRANSKY** 6  
sausage wrapped in pastry and baked
- **CHIPS AND GRAVY CUP** 5
- **CHICKEN BURGER** 9  
tomato, cheese, ranch dressing and green leaf
- **BREKKY BURGER** 9  
bacon, egg, hashbrown, spinach, cheese, mayo
- **PIZZA** Hawaiian 6" pizza 5

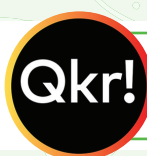
■ Green foods

■ Amber foods

The AMBER items will rotate through the week

**LOW  
GLUTEN**

Low gluten products do not contain gluten as a listed ingredient, however they are prepared in kitchens containing gluten. Although we follow strict food handling procedures, there is always a risk of cross-contamination.



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## FAVOURITES

### Snacks and Small Items

■ <b>FRUIT KEBAB AND YOGHURT</b>	4.5
■ <b>VEGETABLE STICKS AND DIPS</b>	4
■ <b>CROISSANTS</b> with various fillings	5
■ <b>PORK RIBLETS</b>	6
■ <b>MUFFINS</b>	4
■ <b>CORNFLAKE COOKIE</b>	3
■ <b>SUSHI</b>	½ Serve 5   Full 7.5
■ <b>QUICHE</b>	5.5
■ <b>CHOCOLATE CUSTARD</b>	3
■ <b>JELLY CUPS</b>	3
■ <b>HOTDOG</b> with cheese	6
■ <b>PASTRIES</b>	5.5
■ <b>EGG AND BACON MUFFIN</b>	5.5
with green leaves, aioli	
■ <b>EGG AND AVOCADO MUFFIN</b>	5.5
■ <b>WARM BANANA BREAD</b>	5
served with fresh banana, berries and maple syrup	
■ <b>RAWBAR</b>	4.5
■ <b>RIVERLAND ALMOND BLISS BALL</b>	3
■ <b>MINI ASSORTED DANISHES</b>	3
■ <b>RAISIN TOAST</b>	1.5
■ <b>FRUIT</b> apples, oranges or local seasonal fruit	1

## ICE BLOCKS

■ <b>ICY POLE</b>	2
■ <b>QUELCH</b> 99% fruit juice (V, VEG, DF, LOW GLUTEN)	1
■ <b>ZOOPER DOOPER</b>	1
■ <b>BILLABONG</b>	2.5
■ <b>MILO CUP</b>	4
■ <b>LIFE SAVER</b>	2.5

## FAVOURITES

### Panini, Baguettes, Wraps, Sandwiches and Seeded Rolls

■ <b>AVOCADO, EGG, SALAD</b>	6
■ <b>GRILLED HALOUMI</b>	7
with avocado, roast tomato, chickpeas	
■ <b>BLTA</b> – bacon, lettuce, tomato, avocado	6
■ <b>CHICKEN CAESAR BAGUETTE</b>	8
■ <b>METTWURST</b> with cheese and tomato	8
■ <b>TANDOORI CHICKEN</b>	7
with tomato, onion, lettuce, yoghurt	
■ <b>FRESHLY CRUMBED CHICKEN SCHNITZEL</b>	7.5
with balsamic mushroom, cheese, lettuce	
■ <b>VARIETY OF SANDWICHES</b>	

## DRINKS

■ <b>NIPPY'S WATER</b>	600ml 3   750ml 3.5
■ <b>NIPPY'S UNSWEETENED FRUIT JUICES</b>	3.5
orange, apple or apple blackcurrant	
■ <b>NIPPY'S FLAVOURED SPARKLING MINERAL WATER</b>	600ml 3.5
■ <b>LIPTON ICED TEA</b>	500ml 3.5
lemon, peach, mango	
■ <b>KOMBUCHA</b>	250ml 3.5
■ <b>NIPPY'S FLAVOURED MILKS</b>	250ml 3.5   375ml 4
chocolate, banana, honeycomb, strawberry	
■ <b>SLUSHIE</b>	375ml 3
Fruchilla (99% natural fruit juice)	

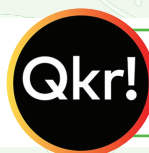
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