

SUN PROTECTION POLICY (SUNSMART)



POLICY NUMBER:

S100-17	(R20)
---------	-------

This policy applies to all school activities and events on and off-site.

Rationale

A balance of ultraviolet (UV) radiation exposure is important for health. Too much of the sun's UV radiation can cause sunburn, skin and eye damage and skin cancer. Sun exposure in childhood and adolescence is a major factor in determining future skin cancer risk.

Objectives

Loxton High School:

- encourages staff and students to use a combination of sun protection measures whenever UV Index levels reach 3 and above and especially, in terms 1, 3 & 4.
- provides a safe school environment ensuring shade for students, staff and the school community at appropriate times
- encourages students to be responsible for their own sun protection

Processes

Loxton High uses a combination of sun protection measures for all outdoor activities during terms 1, 3 and 4, and whenever UV levels reach 3 and above at other times.

1. Uniform

- The Loxton High School Uniform Committee has responsibility for ensuring uniform is SunSmart compliant
- Sun protective clothing is included in the school uniform/dress code. The clothing is cool, loose fitting and made of closely woven fabric. It includes shirts with collars and elbow length sleeves and options for a longer style knee length dress & skirt.
- Rash tops or tee shirts over bathers are to be worn for outdoor water activities. eg canoeing
- Singlet tops are not suitable nor allowed for Physical Education lessons.
- Tee shirts are to be worn at sporting events over athletic singlets when students are not competing.
- All students are to have a hat at all times in terms 1 & 4. It must be worn when not in the shade. Students are also encouraged to wear a hat in terms 2 and 3.
- Staff are to model the wearing of broad brimmed or bucket hats whenever they are

SUN PROTECTION POLICY (SUNSMART)



POLICY NUMBER:

S100-17	(R20)
---------	-------

outside.

- All students without a hat will be required to sit in a shaded area at recess or lunch or during an outdoor lesson.

2. Sunscreen

- Students are encouraged to purchase for personal use their own SPF 30 or higher broad spectrum, water resistant sunscreen.
- Loxton High will provide readily accessible pump packs of sunscreen at all outdoor lessons and events.
- Students will be encouraged to apply and reapply sunscreen every 2 hours at all outdoor events.

3. Sunglasses [optional]

Students and staff are encouraged to wear close fitting wraparound sunglasses that meet the Australian Standard AS/NZS 1067:2003 (Sunglasses: lens category 2, 3 or 4) and cover as much of the eye area as possible.

4. Shade

- The Loxton High School Grounds Committee has responsibility for ensuring adequate shade is provided on site.
- The Grounds Committee will ensure there is a sufficient number of shelters and trees providing shade in the school grounds, particularly in areas where students congregate e.g. lunch areas & canteen.
- Teachers will use shade areas for outdoor lessons where possible.
- The availability of shade will be considered when planning excursions and all other outdoor activities.
- Shade areas will be created to provide shelter at outdoor whole school events e.g. marquees.
- Shade provision will be considered in plans for future buildings and grounds developments.
- Students are encouraged to use available areas of shade when outside.

SUN PROTECTION POLICY (SUNSMART)



POLICY NUMBER:

S100-17	(R20)
---------	-------

Staff WHS and Role Modeling

As part of WHS UV risk controls and role modeling, when the UV is 3 and above staff will:

- wear sun protective hats, clothing and sunglasses when outside
- apply SPF 30 or higher broad spectrum, water resistant sunscreen. A pump pack will be available in the staff room
- seek shade whenever possible.

Families and visitors are encouraged to use a combination of sun protection measures e.g. sun protective clothing and hats, sunglasses, sunscreen and shade, when participating in and attending outdoor school activities.

Curriculum

- Programs on skin cancer prevention, sun protection and vitamin D are included in the curriculum. This is embedded in the Year 9 Home Group Program and the Health & Physical Education and Science Curriculums.

Communication

- SunSmart processes will be reinforced and promoted to the whole school community in association with outdoor school events through bulletins, newsletters, web-site and school assemblies.
- Loyton High School's SunSmart Policy will be distributed annually to all student enrolments.
- SunSmart messages/posters will be displayed at appropriate times of the year.

Policy review

The SunSmart Policy will be reviewed by the Work Health & Safety Committee every three years or as required.